



# Massage offer:



- **Relaxing massage**  
60 min - 180 PLN / 90 min - 250 PLN
- **Deep fascial massage**  
60 min - 220 PLN / 90 min - 300 PLN
- **Balinese massage**  
60 min - 200 PLN / 90 min - 270 PLN
- **Thai massage**  
60 min - 200 PLN / 90 min - 270 PLN
- **Lomi Lomi massage**  
60 min - 200 PLN / 90 min - 270 PLN
- **Therapeutic massage**  
60 min - 220 PLN
- **Anti-cellulite massag**  
60 min - 220 PLN
- **Back and spine massage**  
45 min - 150 PLN
- **Sports massage**  
60 min - 220 PLN
- **Lymphatic drainage**  
60 min - 180 PLN / 90 min - 250 PLN
- **Neck and head massage**  
45 min - 150 PLN
- **Kobido massage**  
60 min - 200 PLN
- **Chinese cupping massage**  
60 min - 200 PLN
- **Shiatsu massage**  
45 min - 180 PLN
- **Hot stone massage**  
60 min - 210 PLN
- **Couples massage**  
60 min - 390 PLN / 90 min - 500 PLN
- **Massage for pregnant women**  
60 min - 220 PLN
- **Four-hand massage**  
60 min - 270 PLN / 90 min - 330 PLN
- **Foot massage**  
30 min - 80 PLN
- **Calmea aromatherapy massage**  
60 min - 250 PLN

- Massages are performed in Our Salon (standard) or on a mobile basis (available on request for an additional fee)
- 6 independent massage stations
- 10 massage packages + 1 free
- Offers for companies/B2B (stationary and mobile)
- Relaxation seminars and classes (stationary and mobile)
- Vouchers, gift card

# Calmea – Your space of harmony in the heart of the city

Calmea is a unique massage salon where body care is combined with attention to inner balance. Located in the heart of the city, it offers an oasis of calm for those seeking a moment to relax from their daily routine and entrust themselves to the hands of experienced therapists.

Our offer includes therapeutic massages that promote regeneration and relieve tension, as well as relaxing treatments that soothe and restore lightness to the body. For those who want to improve their appearance and well-being, we have prepared body-modelling massages that help to tighten and improve skin elasticity.

At Calmea, we believe that true harmony comes from a balance between body and mind. That is why we approach each treatment individually, adapting it to the needs and expectations of our guests.

**We have our own designated parking spaces for customers (parking behind a barrier).**

We invite you to a place where tranquility, professionalism and attention to detail create an atmosphere conducive to deep relaxation and renewal.



## Calmea Spa

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61-581 Poznań

Własne miejsca parkingowe  
( za szlabanem )

+48 500 422 868

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 Calmea Spa

 Salon Masażu Calmea

